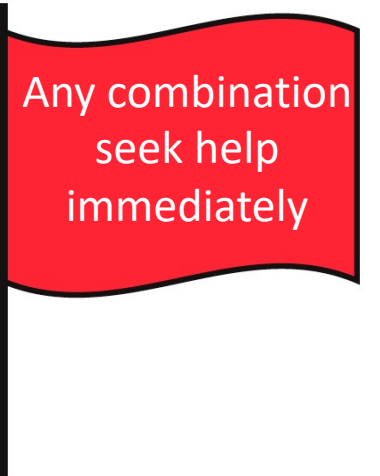




Cauda Equina Warning Signs

- Recent onset of significant pain and/or feeling of pins and needles/numbness in **both legs**
- Loss of feeling/pins and needles between your inner thighs or genitals
- Numbness in or around your back passage or buttocks
- An altered feeling when using toilet paper to wipe yourself
- Increasing difficulty when you try to urinate
- Increasing difficulty when you try to stop or control your flow of urine
- Loss of sensation when you pass urine
- Leaking of urine or recent use of pads
- Not knowing when your bladder is empty or full
- Inability to stop a bowel motion or leaking
- Loss of sensation when you pass a bowel motion
- Inability to achieve an erection or ejaculate
- Loss of sensation in genitals during sexual intercourse



Any combination
seek help
immediately