Respite Breaks for Carers

Short break services available for carers can be provided by the council or you can organise your own private respite care. Alternatively support may be provided by a local residential home for the person you care for.

East Riding of Yorkshire Council provides a number of services to support eligible carers to take short breaks from their care duties.

These include:

* Carer relief sitting service
* Flexible breaks service
* Short breaks for carers
* Carer emergency cover service

The Carer Support Service can arrange a short local leisure break for carers at either:

* A caravan at Southcliff Caravan Park in Bridlington, or
* A two bedroom cottage in the grounds of Sewerby Hall.

For further information or to arrange your carers assessment contact **East Riding of Yorkshire Council on: (01482) 393939** or contact **Sewerby Hall Short Breaks for carers directly on: 0800 917 6844.**

